



Weekly NEWSLETTER

Conchs Issue #2

Principal Mrs. Rebecca Palomino

August 25, 2023

Key West High School Mission Statement
To empower all students to maximize their potential and prepare them with the skills and experiences necessary to be college or career ready and to develop those character traits that will enable them to be productive members of society.



Every student. Every day.

September is National Attendance Awareness Month!! Key West High School welcomes our students every day at 7:30am

GO CONCHS!!!

UPCOMING EVENTS **AUGUST/SEPT 2023**

- August 31st— Open House and Bonfire at KWHs 5:30-7:00pm
- September 1st— College Color Day at KWHs- wear your college colors or college shirts!!
- September 4th— No School (Labor Day)
- September 11th— Please wear Red, White and Blue to celebrate Patriot Day

KWHS SOCIAL MEDIA:

Instagram— [kwhs_news](#)

Facebook—Key West High School Athletics & Student Activities

Twitter— [@kwhsnews](#)

Website— www.keysschools.com/kwhs

Students must show their KWHs ID when entering the campus and when a staff member asks to see it. Thank you for your support and effort in keeping our school safe!

Welcome, Families!



KWHS
Open House & Bonfire
August 31st
5:30pm—7:00pm

The Bonfire will start immediately after Open House. The Bonfire will take place in the Backyard. Please come to support KWHS!!

Bell Schedule	
Time	Period
7:35 - 8:26	1
8:30 - 9:20	2
9:24 - 10:17	3
10:21 - 11:11	4
11:11 - 11:46	Lunch 1—Crimson (Bldgs 4, Wt rm, Auto)
11:50 - 12:40	5 Crimson
11:15 - 12:05	5 Grey
12:05 - 12:40	Lunch 2—Grey (Bldgs 1,2,3 & Portables)
12:44 - 1:34	6
1:38 - 2:30	7

Wellness Wednesdays	
Time	Period
7:35 - 8:22	1
8:26 - 9:12	2
9:16 - 10:05	3
10:05 - 10:35	30+
10:39 - 11:25	4
11:25 - 12:00	Lunch #1
12:04 - 12:50	5A
11:29 - 12:15	5B
12:15 - 12:50	Lunch #2
12:54 - 1:40	6
1:44 - 2:30	7

Final Exam Bell Schedule	
Time	Period
7:35 - 9:10	Exam
9:10 - 9:51	Lunch
9:55 - 11:30	Exam

7th Period Exam Bell Schedule	
Time	Period
7:35 - 9:10	7th Exam
9:14 - 9:56	1
10:00 - 10:42	2
10:46 - 11:30	3
11:30 - 12:16	Lunch
12:20 - 12:58	4
1:02 - 1:44	5
1:48 - 2:30	6

Pep Rally Bell Schedule	
Time	Period
7:35 - 8:28	1
8:32 - 9:17	2
9:21 - 10:06	3
10:10 - 10:55	4
10:55 - 11:30	Lunch #1
11:34 - 12:19	5A
10:59 - 11:44	5B
11:44 - 12:19	Lunch #2
12:23 - 1:08	6
1:12 - 1:57	7
2:00 - 2:30	Pep Rally

Early Release Bell Schedule	
Time	Period
7:35 - 8:00	1
8:04 - 8:28	2
8:32 - 8:59	3
9:03 - 9:27	4
9:31 - 9:55	5
9:55 - 10:33	Lunch
10:37 - 11:01	6
11:05 - 11:30	7



~Student News~

- ⇒ If a senior missed Picture Day and needs a make up senior picture, they will have the opportunity to do so on November 8th. Mrs. Saunders will send out an email to these students so please encourage your child to check their emails.
- ⇒ If any student is requesting a retake, they will have the opportunity to do so on November 8th. Students are to email Mrs. Saunders requesting a retake. There will be a retake fee.
- ⇒ If you wish to purchase a senior page in the yearbook, those forms are in the front office. The forms look like the picture to the right ➡ If you have any questions about that, please email the Yearbook Sponsor Dina Kinnune at Dina.Kinnune@keysschools.com
- ⇒ Homecoming nominations for senior girls start on August 28th. The forms will be in the front office. The nomination forms will be available from August 28th—September 1st. Please see Mrs. Saunders with any questions.

Senior Page Information/Contract		
Total Price with payment plan: \$300 OR Paid in Full price by September 6 : \$250		
Make checks payable to Key West High School. All items are to be handed in to Ms. Kinnune		
	PAYMENT PLAN	PAID IN FULL
SEPTEMBER 6	<ul style="list-style-type: none"> \$100 due This completed paper 	<ul style="list-style-type: none"> \$250 due This completed paper
OCTOBER 4	<ul style="list-style-type: none"> \$100 due 	
NOVEMBER 8	<ul style="list-style-type: none"> \$100 due All photos due 	<ul style="list-style-type: none"> All photos due
There are no refunds. Photos not submitted by November 8 could be cause for your senior page to not be created in the yearbook.		
Page Design:		
Senior name: _____		
Describe where you would like your big picture: _____		
Where on the page would you like your name to be placed: _____		
Background color of your page: _____		
Do you want borders around your pictures? (circle one) YES NO		
Color of picture borders: _____		
Font choice: _____		
Do you want a certain person next to your page? (circle one) YES NO Who?: _____		
Would you like a quote or a message on your page? (circle one) YES NO		
What would you like to say? _____		
Who will be signing off on the page? (circle one) student parent		
Best way to reach person signing off (include email and phone number) _____		
We recommend no more than 25-30 pictures on a page. If we have issues with formatting based on picture number we will contact you for decision making needs.		
Actual pictures can be turned in, and we will scan them.		
Email photos to KWHSYB@KEYSSSTUDENTS.NET with student's name + SENIOR PAGE in the subject line (ie: JOHN SMITH, SENIOR PAGE)		
By signing the line below you are acknowledging that you are aware of all the deadlines and all possible fines.		
Student Signature: X _____	Phone #: () _____	
Parent Signature: X _____	Phone #: () _____	

SWIM TEAM MOVIE NIGHT

AUGUST 26, 2023
6 PM - 8 PM
AT THE TROPIC CINEMA
SHOWING THE MOVIE MY OCTOPUS
TEACHER

This is a fundraiser for the KWHS swim team. All proceeds will go towards the team allowing for a great season to come!



Admission: \$14 per person
Snacks available for purchase at the theater.
📍 Located at 416 Eaton Street



If you are interested in receiving the weekly newsletter of KWHS, please email:

Stacy.Saunders@keysschools.com

Show your Conch Pride!



What are Conch Pride Accounts?

They are free checking accounts with Conch debit cards help raise money up to \$1,000 per month for Key West High School. Keys FCU donates:

\$5 to [KWHS for each account opened](#).

- \$2 to KWHS for each box of checks ordered.
- 1% of each account holder's debit card transactions, up to \$15 per month to KWHS during specific promotional periods like Back to School, Spring Break and Christmas season.

Conch Pride accounts include free adult and teen online & mobile financial education programs that teach them how to save and manage their checking account and credit history and more.

Who can get a Conch Pride Checking Account?

Conch Pride Checking Accounts and Debit Cards are perfect for KWHS students- 14 years and older, parents, teachers, staff, alumni, and fans-that live or work in the Florida Keys.

Where can you open a Conch Pride account?

In Keys Federal Credit Union at 3022 N. Roosevelt Blvd. in Key Plaza, 514 Southard St., and 5300 Overseas Hwy. in Stock Island.

How can KWHS raise more money?

Create awareness of, and encourage students, staff, parents, and fans to open a Conch Pride checking account by:

- Announce/socialize account at staff meetings, school assemblies, pep rallies, sporting events, parent encounters and in classrooms
- Send flyer out in weekly newsletter and Peach jar email service
- Hang posters and banners in school/visible areas

Partner with Keys FCU to promote account openings at school events like open house, [orientation](#), [college](#) fairs, graduation, sports events, meet the teacher

- Identify promotional/sponsorship opportunities on school materials/areas
- Circulate donation photos and information

Who creates and provides the Conch Pride marketing materials?

Keys FCU will create and provide all Conch Pride marketing materials. KWHS must distribute, hang, communicate, and publish them.

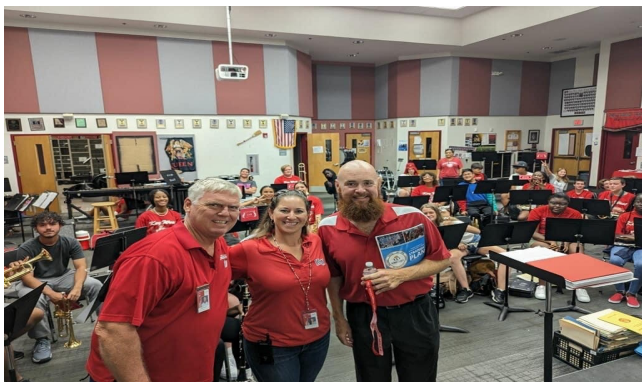
Activities



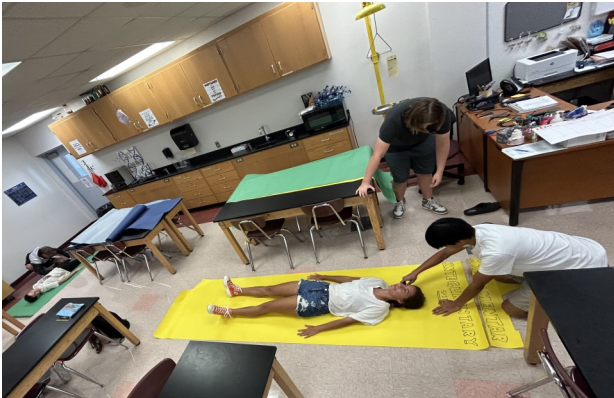
The KWHs Marching Band brought the school spirit and played some of their new music during the Conch's preseason football game versus Trinity Catholic. They also participated in Tag Day at Fausto's and Publix to raise funds to offset the cost of uniforms, instruments, and competition travel for the school year. As part of the event, a group of travelling band members travelled by trolley to play throughout the island, including a ride down Duval Street playing "Crazy Train"! A big thanks to Fausto's, Publix and Historic Tours of America for their support!



The Admin Team celebrated Conch Pride Friday with a lil' Conch Swag and Treats for the teachers!!!!



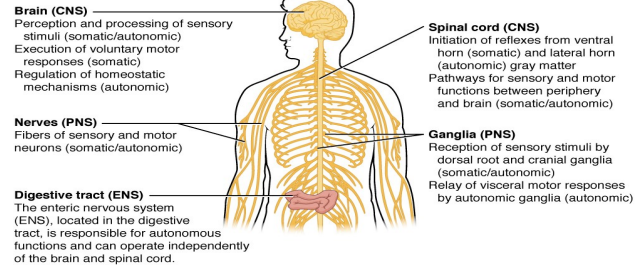
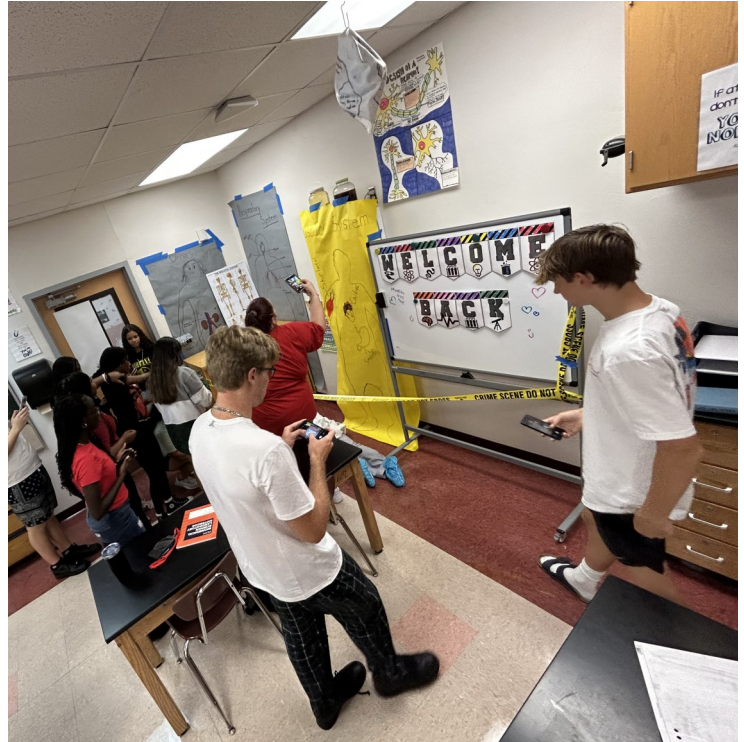
Academics



The students in Mrs. Tara Jackson's class who are in the second course in the PLTW Biomedical Pathway, Human Body Systems, have spent the last week learning all of the body systems, making life-sized graphic organizers of each one, and then making connections between them with honeycomb puzzles.

Great communication, teamwork, and conversations took place, and of course, laughter!

Academics



Lots of fun was had today by Mrs. Tara Jackson's Principles of Biomedical Science classes, as they began their Medical Investigation unit...with an investigation into an untimely death! Through this unit, they will explore forensic investigations, evidence documentation, laboratory analysis, and autopsy, while learning the science behind it all.

There were many theories tossed around and it's always fun to see them so engaged.

Academics



The visual art dept celebrates Art History Day once per month. Students will get to learn about the art movement, and do a quick art project while listening to music reminiscent of the time period.

Optionally, students may dress up in the Art History style (while also adhering to dress code). Lots of fun was had by all!!

KWHS
Culinary class
made chocolate
covered
matzos!! The
matzos were
gifted to the
culinary class!
Yum!!

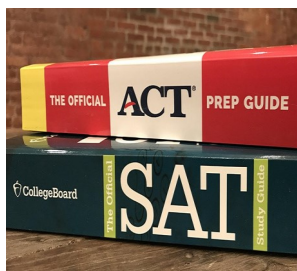


Are you planning to take the SAT or the ACT at Key West High School? The first test dates of the academic year are past regular registration, but you can still take either test with late registration if you act soon!

The SAT late registration deadline for the (Saturday) August 26 test is Tuesday, August 15.

The ACT late registration deadline for the (Saturday) September 9 test date is Friday, August 18.

The next test dates are in October (SAT - 10/7; ACT - 10/28). Start planning now!



SCHEDULE A TIME



TO MEET WITH YOUR

**SCHOOL
COUNSELOR**



YOU PICK THE TIME
AND DAY.

*Counselors may be with other students during certain time periods, which could impact appointment availability.

KWHS School Counselors are now accepting student appointments. They may access the booking site via the QR code below and select their counselor and meeting type from a dropdown menu. This flyer has been posted throughout campus for ease of access. School counselors continue to be available for walk-ins before and after school, as well as during student lunches.

Please be mindful of unforeseen circumstances that may require appointments to be rescheduled, which will be communicated with as much notice as possible.

Athletics

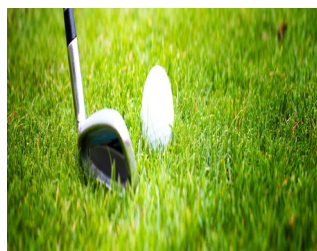


KWHS Fighting Conchs will be playing Clewiston tonight!! The game is away so stay tuned to Conch Radio and cheer on the Conchs!! The game starts at 7:00pm.



KWHS Swim team will have their Swim Intrasquad Meet today!!
Just keep swimming!!!

KWHS Golf Team played Marathon and Coral Shores on Wednesday and Thursday! Go Conchs!!



KWHS Cross Country has their Conquistador Kickoff today!!
Go Conchs!!



KWHS Volleyball played the Basilica on Wednesday, Boca Raton today as well as the Charlotte High School Tournament! Good Luck Girls!!

Activities

This page will be updated as soon as elections are over at the end of August!! Good Luck to all the candidates!! Stay Tuned!!

SENIORS

- Senior Class of 2024 shirts can be purchased at Ramona's

President
Vice President
Secretary
Treasurer
Historian

Class Sponsor: Mrs. Carnetra Carey

Student Council

Please join Student Council to get involved in the planning of our pep rallies, Homecoming, student government activities, Teacher Appreciation and so much more!!!

President
Vice President
Secretary
Treasurer
Historian

Class sponsor: TBD

#CONCHSTRONG!!

JUNIORS

Class of 2025 Executive Board would like you to join us at our next meeting! Every Junior is welcome to join!

President
Vice President
Secretary
Treasurer
Historian

Class sponsor: Mrs. Kristen Condella

SOPHOMORES

Class of 2026 Executive Board would like you to join us at our next meeting! Every Sophomore is welcome to join!

President
Vice President
Secretary
Treasurer
Historian

Class Sponsor: Mrs. Paula Mercer

FRESHMEN

Class of 2027 Executive Board would like you to join us at our next meeting! Every Freshmen is welcome to join!

President
Vice President
Secretary
Treasurer
Historian

Class sponsor: TBD

PROJECT SUCCESS PREVENTION KWHS CONCHS



Project Success
Counselor—
Shain Cormack
Room 1-104

Parent Sign up—
Shain.Cormack@Westcare.com

Upcoming Dates:

Sept. 6th— SCHOOL WIDE MENTAL
HEALTH SCREENING

Sept. 11th—SUICIDE CHALK WALK
DURING LUNCHES

Project Success

A Partnership Program with KWHS

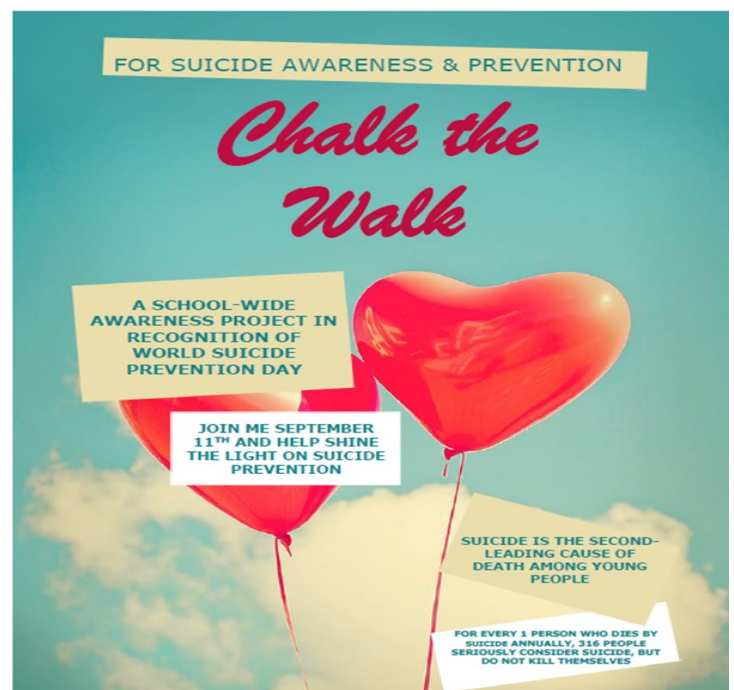
An evidence-based, school-based intervention focused on preventing and reducing substance abuse and other related high-risk behaviors among high-risk middle school and high school aged youth.

How youth succeed:

- ♦ Exploring positive coping skills
- ♦ Teaching students refusal skills
- ♦ Promoting healthy dynamics
- ♦ Providing tools for anger management
- ♦ Raising alcohol and other drugs perception of harm

The Format Includes:

- ♦ 7th and 9th grade prevention education series within the classrooms
- ♦ Individual sessions (6)—45 minute sessions
- ♦ Referral services for Therapy and Intervention Counseling with Guidance Care Center





Dental Unit Schedule and Sites

August 1-3, 2023-HOB School

*Unit in Back Bus Loop-Parents must report to Front Office

August 8-10, 2023-Stanley Switlik

*Unit in Front Parking

August 15-17, 2023-Coral Shores HS

*Unit on Wrenn St Side of School

August 22-24, 2023-Poinciana School

*Unit in Front Parking Lot

August 29-31, 2023-Marathon Middle/High

*Unit on Side of School near Field Entrance

September 5-7, 2023-Plantation Key School

*Unit behind School-Parents must report to Front Office

September 12-14, 2023-Gerald Adams School

*Unit on Side of School-Parents must report to Front Office

September 19-21, 2023-Sugarloaf School

*Unit in Front by Cafeteria

September 26-28, 2023-Key Largo School

* Unit in North End Parking Lot near Gym

October 3-5, 2023-Key West High School

*Unit in back of School near Weight Room

October 10-12, 2023-Stanley Switlik School

*Unit in Front Parking

October 17-19, 2023-Coral Shores HS

*Unit on Wrenn St Side of School

October 24-25, 2023-HOB School

*Unit in Back Bus Loop-Parents must report to Front Office

October 31 to Nov 2, 2023- Marathon MS/HS

*Unit on Side of School near Field Entrance

November 7-9, 2023-Plantation Key School

*Unit behind School-Parents must report to Front Office

November 14-16, 2023-Poinciana School

*Unit in Front Parking Lot

November 21-23, 2023-**Thanksgiving Break**

November 28-30, 2023-Sugarloaf School

*Unit in Front by Cafeteria

December 5-7, 2023-Key Largo School

* Unit in North End Parking Lot near Gym

December 12-14, 2023-Gerald Adams School

*Unit on Side of School-Parents must report to Front Office

December 19-21, 2023-Stanley Switlik School

*Unit in Front Parking Lot

****Christmas and New Years Break:**
December 26, 2023 to January 8, 2024.

Please Call for Appointments in the New Year...2024!



Dental Unit Schedule and Sites

January 9-11, 2024-Key West High School

*Unit in back of School near Weight Room
Parents must report to Front Office

January 16-18, 2024-Marathon MS/HS

*Unit on Side of School near Field Entrance

January 23-25-Coral Shores High School

*Unit on Wrenn St Side

January 30 to Feb 1, 2024-HOB School

*Unit in Bus Loop-Parents must report to Front Office

February 6-8, 2024-Sugarloaf School

*Unit in Front of Cafeteria

February 13-15, 2024-Key Largo School

*Unit by Cafeteria-Parents must report to Front Office

February 20-22, 2024-Poinciana School

*Unit in Front Parking Lot

February 27-29, 2024-Stanley Switlik School

*Unit in Front Parking Lot

March 5-7, 2024-Plantation Key School

*Unit behind School-Parents must report to Front Office

March 12-14, 2024-Gerald Adams School

*Unit on Side of School-Parents must report to Front Office

March 19-21, 2024— Closed for Spring Break

March 26-28, 2024-Coral Shores High School

*Unit on Wrenn St Side of School

April 2-4, 2024-Key West HS

*Unit in back of School near Weight Room
Parents must report to Front Office

April 9-11, 2024-Marathon MS/HS

*Unit on Side of School near Field Entrance

April 16-18, 2024-HOB School

*Unit in Bus Loop-Parents must report to Front Office

April 23-25, 2024-Sugarloaf School

*Unit in Front of Cafeteria

April 30 to May 2, 2024-Key Largo School

*Unit by Cafeteria-Parents must report to Front Office

May 7-9, 2024-Poinciana School

*Unit in Front Parking Lot

May 14-16, 2024-Stanley Switlik School

*Unit in Front Parking Lot

May 21-23, 2024-Plantation Key School

*Unit behind School-Parents must report to Front Office

May 28-30, 2024-Gerald Adams School

*Unit on Side of School-Parents must report to Front Office

****Summer Hours and Locations
TBD...Coming Soon!**

Keys AHEC **Health Centers**

**Providing General Dentistry,
Preventative and Restorative Care!**



Services Include:

**Exams
X-Rays
Cleanings
Fillings
Sealants
Fluoride
Education**

& much much more!

****Keys AHEC may require a nominal fee for some services.***

**The Keys AHEC Dental Unit Provides
Services at 10 School Locations with
a Rotating Schedule Each Week.**



**Patients Must Call for an
Appointment!**

www.keysahec.org/dental

**See website for Dental Forms & Info
or Call 305 743 7111 ext. 220**

****Services are limited to Students only.***

Keys AHEC

Health Centers

Providing No Cost Primary Medical Care!

**Please Call 305 743-7111 ext. 210 to
Schedule Your Student's Appointment
for a School Physical, Sport's Physical,
General Primary Care or Sick Child Visit.**

Sites and Hours:

**Horace O'Bryant
1105 Leon St.
Key West
M-F 8 AM to 4 PM**

**Key West High School
2100 Flagler Ave
Key West
M, W & F: 7:30 AM to 3:30 PM**

**Gerald Adams
5855 Jr. College Rd
Key West
T & TH: 7:30 AM to 3:30 PM**

**Sugarloaf School
255 Crane Blvd,
Sugarloaf Key
W & F: 7:30 AM to 3:30 PM**

**Poinciana School
1407 Kennedy Dr.,
Key West
M & W: 7:30 AM to 3:30 PM**

Sites and Hours:

**Marathon High School
350 Sombrero Blvd
Marathon
M, W & FR: 7 AM to 3 PM**

**Stanley Switlik School
3409 Overseas Hwy
Marathon
T & Th: 8 AM to 4 PM**

**Coral Shores High School
89901 Overseas Hwy
Tavernier
W & F: 8 AM to 4 PM**

**Key Largo School
104801 Overseas Hwy
Key Largo
M, T & Th: 8 AM to 4 PM**

**Plantation Key School
100 Lake Rd,
Tavernier
T & Th: 7:30 AM to 3:30 PM**

www.keysahec.org

Please see website for Patient Consent Forms & Info

If You Are Sick, Be Safe & Stay Home.

Key West High School

SCAN



HERE

Ticketed Events QR Code

NO COST EYE EXAMS & GLASSES FOR CHILDREN

*Accessible on any internet enabled smart phone/tablet/computer
English / Español / Kreyòl / Português*

PARENTS APPLY NOW!
www.floridaheiken.org



Portal: Confidential & Secure

- Florida Students
 - Pre-K through 12th Grade
 - Reapply Every School Year

COVID-19 PROTOCOLS

- Masks Required
- Symptom Free



All student information is kept confidential and not shared with any other entity.

Partially funded by:



Exámenes de vista y anteojos GRATIS para niños

www.floridaheiken.org

*Accesible por internet en cualquier teléfono inteligente /
tableta / computadora*



PADRES APLIQUEN AHORA!

- Estudiantes de la Florida
- Pre-K hasta el 12° grado
- Reaplique cada año escolar
- Procesamiento más rapido
- Confidencial y seguro

COVID-19 PROTOCOLOS DE LA UNIDAD MÓVIL

- Se requieren máscaras y distanciamiento social
- Todas las superficies desinfectadas
- Encuesta de COVID-19 requerida

Heiken NO comparte información con ninguna otra agencia

Enskri pou konsiltasyon je epi linèt GRATIS pou timoun

www.floridaheiken.org



*Se yon sit ki aksesib sou entènèt nan nenpòt
esmat fonn / tablèt / òdinatè*

PARAN ENSKRI KOUNYE A!

- Elèv nan Eta Florid la
- Pre-matènèl rive nan filo
- Ou kab enskri ankò chak ane lekòl
- Li mache pi rapid
- Li konfidansyèl epi li an sekirite

PWOTKÒL COVID-19 POU INITE MOBIL YO

- Yo egzije kachnen epi distans sosyal
- Fò yo dezenfekte tout sifas
- Yo egzije yon sondaj COVID-19

Heiken PA bay lòt ajans enfòmasyon pèsònèl elèv yo.

**TEENS CAN
EARN AMAZON
GIFT CARDS
COMPLETING
ONLINE
PROGRAMS.**



EVIDENCE-BASED ONLINE DRUG PREVENTION PROGRAMS FOR MIDDLE AND HIGH SCHOOL STUDENTS

ALCOHOL EDU

**HIGH SCHOOL STUDENTS ONLY
\$25.00 Gift Card - 2.5 hrs.**

PRESCRIPTION DRUG SAFETY

**HIGH SCHOOL STUDENTS ONLY
\$10.00 Gift Card - 1 hr.**

ALCOHOL WISE

**MIDDLE & HIGH SCHOOL STUDENTS
\$10.00 Gift Card - 1 hr.**

MARIJUANA WISE

**MIDDLE & HIGH SCHOOL STUDENTS
\$10.00 Gift Card - 1 hr.**

NICOTINE 101

**MIDDLE & HIGH SCHOOL STUDENTS
\$10.00 Gift Card - 1 hr. PARENT**

SIGN UP: Bronte Walsh
bronte.walsh@westcare.com

ALL STARS PREVENTION

**MIDDLE & HIGH SCHOOL STUDENTS
\$25.00 Gift Card - 2.5 hrs.**

PARENT WISE PROGRAM

Parent Program \$25 Gift Card

SIGN UP: Kayla Clark
Kclark@fkcs.org